

# Strength Through Weakness

What is weakness? The path that leads us to certain failure? The defects of our lives? Or is weakness what makes us human and what leads us to sainthood?

**"The Spirit comes to the aid of our weakness..." Romans 8:26**

**"My grace is sufficient for you, for power is made perfect in weakness."  
2 Corinthians 12:9**

Our weaknesses can betray us and lead us to temptations and ultimately to sin, but temptations are opportunities for greatness, they are a chance to overcome weakness. Sinners become saints when they allow God to strengthen them in their weakness in order to triumph over the greatest of temptations.

**"God responds to our weakness by his patience, and this is the reason for our confidence, our hope." Romano Guardini**

Wisdom cannot be learned; it is a grace from God that is born in the heart of Jesus, pierced so that all may know and experience that which is truly divine. Wisdom is the peace that comes from the strength of God's love. Despite our greatest weaknesses God's love is still stronger.

**"He chooses the weak and gentle to confuse the powerful people in our world."  
Pope Francis**

Our world views a weakness as a defect, as if it were something that is inhuman. Society seeks to rid itself of all weakness like a disease, but God sees how we can become stronger through our weaknesses, how we can become more whole and more complete.

**"He gives power to the faint, abundant strength to the weak." Isaiah 40:29**

**"I have the strength for everything through him who empowers me." Philippians 4:13**

We all have our weaknesses, they are a part of who we are, they help to define our very person. No one is exempt from weakness; not even God. For we are God's weakness, it is God who became man in order to die for us, because He loves us more than words can say. He forgives our great sins; He longs for every heart to know peace and every soul to experience mercy. God longs for the world to know the power of His love, by the strength we achieve through our weakness.

*God of mercy,  
Strengthen my heart along the path of true freedom. In my weaknesses and my disbelief, help me to see that I have been created not as a weak and insignificant person, but as a vital instrument in God's great story of creation. Sustain me in my temptations and enhance my resolve to strive for greater purpose and meaning in all that I do. Instill within me the virtue to be wise and discerning in all things big and small. I am yours Lord, hold me close and engage my soul. Enlighten my ways to the power of your might.*

*Amen*

**"The weak are the source of strength." St. John Paul**