

Peace Be With You

How often have we heard it said: "Pray for Peace", but do we even know what that means? During Mass we give each other a sign of peace and we say: Peace be with you. Fr. Larry recently explained that this really means, "**May you be at peace**".

Peace is the greatest gift that we can give to each other. When you pray for someone pray for peace, for nothing is greater than peace.
Peace is where love begins!

To live with peace in your heart, is to truly live. Do we have the courage to get up each day and live our lives as an echo of God's peace? It is never easy to be at peace with those who hurt us and offer no peace in return. Mother Teresa once said: "If we have no peace, it is because we have forgotten that we belong to each other."

Peace is its own reward.
-Mahatma Gandhi

We must remember that to have peace, we must speak peace; to know peace you must experience peace; to experience peace, you must be open to peace. If our hearts are not open to peace, then how can we have peace?

"Do not fear; peace be with you! Bless God now and forever.
- Tobit 12:17

Peace is infectious, when we choose peace over anger and hate, we choose love, we choose the path of Jesus. Once you have found peace in your heart, the kind of peace that only God can give, nothing can shake it, not even the hardest and most difficult times in our lives. **Peace is eternal**, because it comes from God.

Peace begins with a smile.
-Mother Teresa

Prayer For Peace
Heavenly Father,
through the Immaculate Heart of Mary,
in union with the Sacred Heart of Jesus,
I pray for peace in the world.
That every heart may be transformed
by Your love and Your mercy.