

## Solidarity

We are not alone, and as a Church we do not stand alone. We are ONE body, ONE body in Christ. He came that we might have life. He died that we would be saved. He gave to us His Spirit so that we may never be alone.

We become Christ when we receive His presence in the Eucharist, we are called to be Christ to one another. We are light for the world, salt for the earth, healing for the broken and joy for the hopeless. This is the Church! This is who we are called to be! The greatest sin is to deny God and by denying God's greatest creation, each other!

In solidarity we stand united as ONE body. When ONE hurts, we all hurt. when ONE cries, we all cry. When ONE mourns, we all mourn. When there is joy and celebration of life, we should celebrate at ONE body, ONE family, ONE Spirit in Christ!

The reality of pain is that we all feel and experience pain in its many forms. Pain should draw us closer to ONE another. Suffering is universal and is something that we will all encounter. If we embrace ONE another, then we will never stand alone, we will never hurt alone.

How would the world change if we were to start living in solidarity? How would our families, workplaces, communities and our own lives change? Does it take God to display miracles that knock us off our feet to start to change? We must come to realize that the greatest miracle is that of the conversion of our hearts, which must become more open and united with Christ.

*"I pray not only for them, but also for those who will believe in me through their word, so that they may all be one, as you, Father, are in me and I in you, that they also may be in us, that the world may believe that you sent me. And I have given them the glory you gave to me, so that they may be one, as we are one, I in them and you in me, that they may be brought to perfection as one, that the world may know that you sent me, and that you loved them even as you loved me. " John 17:20-23*

