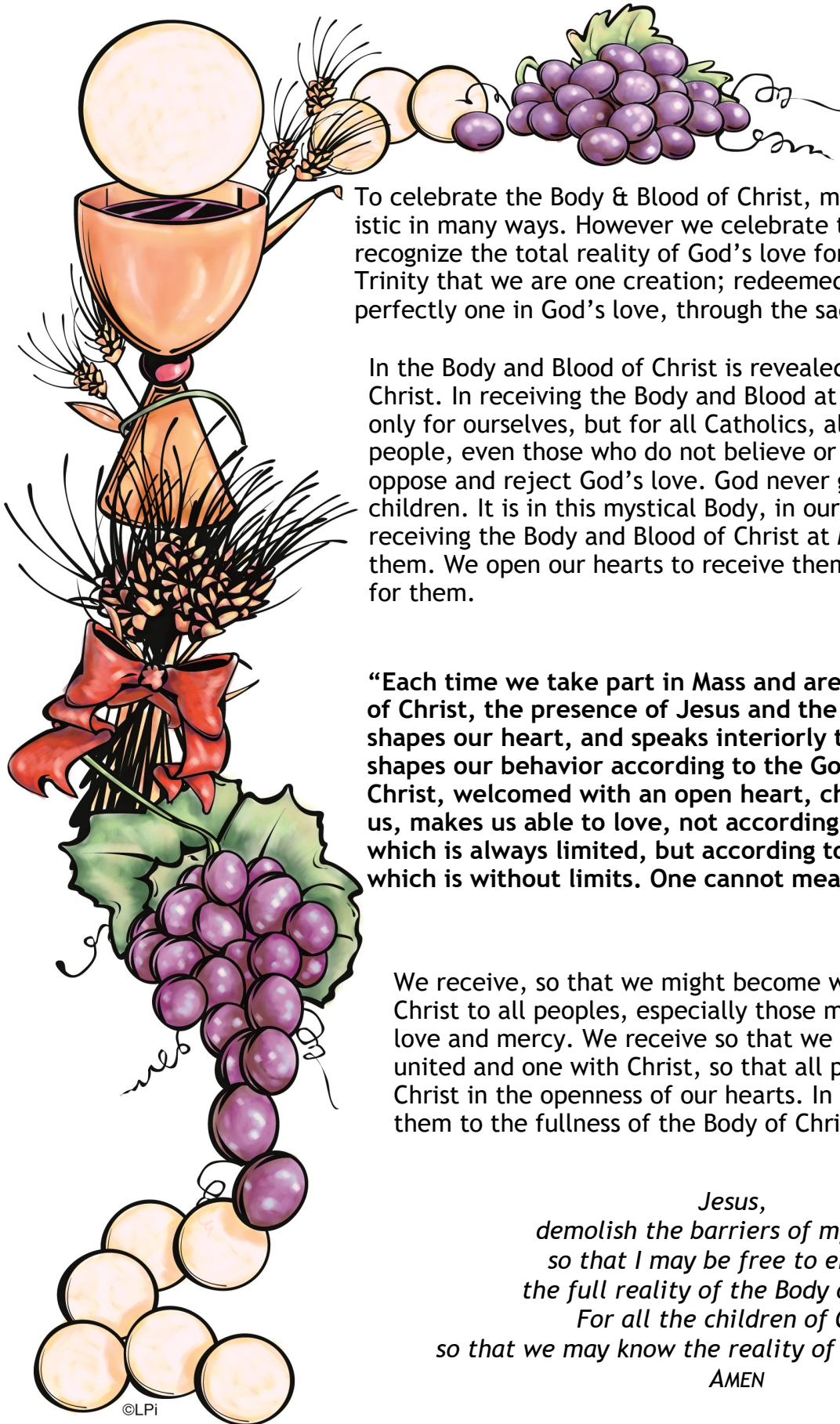


The Most Holy Body & Blood of Christ



To celebrate the Body & Blood of Christ, may seem to be cannibalistic in many ways. However we celebrate this feast in order to recognize the total reality of God's love for us. It is through the Trinity that we are one creation; redeemed and becoming more perfectly one in God's love, through the sacrifice of the Son.

In the Body and Blood of Christ is revealed the mystical Body of Christ. In receiving the Body and Blood at Mass, we receive not only for ourselves, but for all Catholics, all Christians and all people, even those who do not believe or even those who openly oppose and reject God's love. God never gives up on any of His children. It is in this mystical Body, in our celebrating and receiving the Body and Blood of Christ at Mass that we recognize them. We open our hearts to receive them, to love them, to pray for them.

“Each time we take part in Mass and are nourished by the Body of Christ, the presence of Jesus and the Holy Spirit acts in us, shapes our heart, and speaks interiorly to us in a way that shapes our behavior according to the Gospel. The charity of Christ, welcomed with an open heart, changes us, transforms us, makes us able to love, not according to human measure which is always limited, but according to the measure of God, which is without limits. One cannot measure the Love of God.”
Pope Francis

We receive, so that we might become what we eat: Christ! Christ to all peoples, especially those most in need of God's love and mercy. We receive so that we may become more united and one with Christ, so that all people may receive Christ in the openness of our hearts. In this way God calls them to the fullness of the Body of Christ.

*Jesus,
demolish the barriers of my heart,
so that I may be free to emulate
the full reality of the Body of Christ.
For all the children of God,
so that we may know the reality of being truly ONE!
AMEN*