

With One United Spirit

The unity of the Father, Son & Spirit; 3 - in - 1; one and the same is difficult to understand, yet so simple for one with childlike faith. God is beyond our ability to understand or comprehend.



God is almighty, Creator, and Father of all life. He humbled Himself to become fully man, with human emotions, suffering, pain, laughter, trials, knowledge, and yet still never stop being Father, Creator, Almighty. The Creator who became Son, through the power of their love is the Spirit. The Spirit is the love through which God became man. This love is what He gives to us daily in our hearts. This is the love of Pentecost, which guides the Church forward, so that we may all dwell more perfectly in this love.

How do we obtain this love? We live it! How do we live it? By finding the unity/harmony of God in all of creation; especially in His greatest creation, each and every person.

To stand united with someone is to stand in solidarity with them, to love them, to become a part of their story, their journey and they in turn become a part of ours. The mystery of the Trinity is found, defined and experienced in the unity of Creation, in the bond of our humanity, in the embrace of each other and in the Oneness of the Church.

*Most Blessed Trinity,
may all people be One, as You are One.
May we live in the inseparable bond of Your love.
May our Oneness grow ever stronger and never separate.
O most Blessed Trinity,
May it be so! AMEN*