



God So Among Us - Back To Nature

It has often been said that if you would like to spend time with God: “Go Back To Nature”.

We need to find God, and he cannot be found in noise and restlessness. God is the friend of silence. See how nature - trees, flowers, grass-grows in silence; see the stars, the moon and the sun, how they move in silence... We need silence to be able to touch souls. Mother Teresa

Look deep into nature, and then you will understand everything better. Albert Einstein

Nature always wears the colors of the spirit. Ralph Waldo Emerson

The best remedy for those who are afraid, lonely or unhappy is to go outside, somewhere where they can be quiet, alone with the heavens, nature and God. Because only then does one feel that all is as it should be. Anne Frank

“Mountains have heights and they are plentiful, vast, beautiful, graceful, bright and fragrant. These mountains are what my Beloved is to me. Lonely valleys are quiet, pleasant, cool. Shady and flowing with fresh water; in the variety of their groves and in the sweet song of the birds, they afford abundant recreation and delight to the senses, and in their solitude and silence, they refresh us and give rest. These valleys and are what my Beloved is to me.” St. John of the Cross [Pope Francis - Laudato Si 234]

In nature we find the beauty of God which unfolds before us in subtle yet majestic beauty, that confounds the senses, leaving us in a complete state of awe. Step into creation and find artistry of God in the smallest of details, both seen and unseen. Allow your mind to wander free and your let your heart soar far beyond the confines of the daily drudgery of our lives. God is waiting for you, He is waiting for me. Let us go to meet Him in what He has created for us to enjoy, explore. Where your senses can dive into endless captivation and our souls can dwell richly in His space of renewal and peace. Let us get lost in space and time with our Creator in the wonders of His creation.