

Waterfall of Grace

When you leave Mass have you ever noticed a difference? Do you feel as though you have been changed from the inside out?

After we receive the Eucharist at Mass, we have literally consumed grace! This grace does not just sit there and digest slowly; it is alive! Many will claim that they are not fit or able to be evangelizers. They claim only certain people are able to do this. When we deny that we are capable of being Christ to others, we are dismissing the power of God.

“The fruits of this profound union with Christ are wonderful: our whole person is transformed by the grace of the Spirit: our soul, understanding, will, affections, and even our body, because we are united body and soul. We receive a new way of being, the life of Christ becomes our own: we are able to think like Him, to act like Him, to see the world and the things in it with the eyes of Jesus. And so we are able to love our brothers, beginning with the poorest and those who suffer the most, with His heart, and so bear fruits of goodness, of charity, and of peace in the world.” Pope Francis

“Lord, make me an instrument of your peace.

Where there is hatred, let me sow love;

where there is injury, pardon;

where there is doubt, faith;

where there is despair, hope;

where there is darkness, light;

and where there is sadness, joy.

O Divine Master, grant that

I may not so much seek to be consoled as to console;

to be understood as to understand;

to be loved as to love.

For it is in giving that we receive;

it is in pardoning that we are pardoned;

and it is in dying that we are born to eternal life.”

-St. Francis of Assisi

The powerful grace we receive in the Eucharist is greater than every fear and weakness of mind, body and Spirit. The grace of the Eucharist is not dormant or still, it is alive like a waterfall which beats upon the rocks below, wearing away its rockiness. Eucharistic grace is like a raging river within our souls, longing to run wild without restraint, cutting deep into the lives of all who we encounter; smoothing out the rough and rocky edges of life. When you leave from Mass, do not dam up God's grace, let it flow freely like a waterfall, beautiful and magnificent without imperfection, just raw beauty...