

Sacred Silence

The sacred is found in the stillness of creation...
In the calm of the everyday chaos and anxiety...
The sacred can be found in quiet beauty of nature...
From the raging waterfall to the still falling snow...
The sacred is found in the depths of silence...
In silence it speaks, in silence it lives...

Silence is where beauty is formed and found...
In silence memory is remembered and tomorrow is discovered today...
There are no limits to silence...
Its depths are an endless fathom of wonder and delight...
In silence hope is born and fear is vanquished...

As the snow falls upon the earth, all stop to admire the beauty of its birth...
Silently it entered, silently it falls...
Renowned and admired it leaves one in awe...
Man cannot replicate the innocence of its being...
Humble and delicate it falls in silence...
Creating stillness in life through the air of surrender...
Thus is silence renewing and powerful in its simplicity and awe inspiring presence.

God exists within the silence of creation...
When we feel that God is far away, it is only because we have shut Him out by eliminating silence from our lives.
If we wish to find God in our lives, then we must seek Him in silence.

Why is it that we fear silence?
Is it that we are afraid of what we will discover?
Is it that we are too self absorbed to give up anything in order to obtain a moment of silence?
If we have no peace, no calm, no rest, it is because we have no silence.

Sacred silence, font of peace wash over my soul...
Teach me wisdom, teach me patience, teach me love...
May I surrender to the beauty of your presence...
May I dwell within the depths of your mercy and peace...
Sacred silence fill my life to completion and peace...