

“Accompanying the Lord means rejecting the worldly mentality that puts the “self” at the center of existence, instead following what is renewed and authentic.” Pope Francis

We live in a society that cultivates and produces the culture of Me. Every day we are pressured and conditioned to think about me: How does this effect me? How much will this cost me? What will I get out of it? How can I become more successful? My way is always better than your way. We can constantly told to look at how we feel, how we react and to obtain what we want at any cost.

“If we have no peace, it is because we have forgotten that we belong to each other.”  
Mother Teresa

What would happen if we started to change our viewpoint in life? What if our first reaction was to think of someone else before ourselves? Changing a mind-set may seem to be impossible, but all good things come with patience , practice and persistence. If you tried every day to think of how others are feeling, or about how your words and actions will come across to another person, you would find yourself thinking less of yourself and more about others. And this change in ones state of being would result in greater happiness and peace in your life. Don't believe me...well try for yourself...

“The world needs men and women who are not closed in on themselves, but filled with the Holy Spirit.” Pope Francis

Our world is starving for more than just words and good intentions. Our world yearns more authentic character to bring about real and lasting change that will penetrate the hearts of all people and instill healing peace that will mend the gapping wounds created by the culture of me.

“Pride makes us artificial, humility make us real.”  
Thomas Merton

*Dear Jesus, I desire to life for more than myself. I desire to grow closer to humanity in an ever deep and lasting bond of solidarity. Teach Your ways of mercy, that I might be compassionate to all whom I encounter. Help me to forsake my selfish ways and put to death the culture of me. Encourage me to embrace your face in the eyes of humanity. AMEN*