



The Care of All

“We come from others, we belong to others, and our lives are enlarged by our encounter with others.”

Pope Frances *Lumen Fidel* #4

We are called to love, care and stand in solidarity with one another in all matters of life. This we know to be true, but do we know how to care for someone? To care for another, is to devote yourself to the total wellbeing of the person you are caring for. It seems that far too often we do the minimum work possible and are satisfied with the fact that we did our good deed for the day. But this is not enough, we must always look beyond the surface of the situation and to the depths of where the Holy Spirit is leading you.

“Our task must be to free ourselves by widening our circle of compassion to embrace all living creatures and the whole of nature and its beauty.” Albert Einstein

“If we have no peace, it is because we have forgotten that we belong to each other.” Mother Teresa

Our world is crying out for compassion, understanding, support, and the genuine love of another soul. Authentic love is rare, genuine compassion and steadfast solidarity are in short supply and yet they are the most precious and desired things of this world. Authentic love does not take a degree, years of experience or a unique person; all that it takes is an open heart that is willing to abandon itself entirely to love.

“I have found the paradox, that if you love until it hurts, there can be no more hurt, only more love.” Mother Teresa

“Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around.” Leo Buscaglia

We do not exist apart from one another, we are joined in our common humanity, in which we are bound to each other in the harmony of creation. When one member is hurting all members hurt, whether we are able to see it or not. The pain of one is the pain of all, and likewise the care of one is the care of all.

May the heart be captivated by the complete peace of caring for another soul.

May the cries of neglected and marginalized be heard and responded to with the utmost compassion and courage.

May the poverty of loneliness be quenched by the cup of unity.

May the people of the world stand together in the harmony of love, fostering peace for every soul.

AMEN

