

Thank You

“Praise the LORD, my soul; I will praise the LORD all my life, sing praise to my God while I live.” Psalms 146:2

“Thank you' is the best prayer that anyone could say. I say that one a lot. Thank you expresses extreme gratitude, humility, understanding.” Alice Walker

“Thank you for life, and all the little ups and downs that make it worth living.” Travis Barker

“When you rise in the morning, give thanks for the light, for your life, for your strength. Give thanks for your food and for the joy of living. If you see no reason to give thanks, the fault lies in yourself.” Tecumseh

Thank You God... why is it so easy to say, yet so hard to remember and truly believe with conviction of faith? Lord it's hard to say thank you when my faith is not always so strong or true. It seems impossible to me at times to be grateful when life isn't moving along smooth and easy. It's hard for me to have a spirit of thanksgiving when the world appears to always be in great turmoil. When suffering is abounding and hatred is rampant, how O Lord, am I to praise You and be joyful? Why must I be thankful for everyone who hurts me and all the hard times in life?

My child, I do not demand that you give me praise and thank me every moment... rather I delight in your humility, and in your acceptance of the graces I long to give you. Thankfulness is deeper than any emotion, it's the sense of knowing that I am always with you, in all situations of life, both the good and the bad. I do not ask that you forget, or accept the sufferings and pains of this world...rather I dream of the day when pain no longer exists...this is only accomplished when you respond to all matters with love and peace of heart. The power that you are capable of in love, is far beyond your ability to comprehend. To be thankful is to know peace, is to acknowledge the peace and love I offer to you. To act upon that thankfulness and to give praise is to share that peace and love others. Let not your praise be empty, but full of life and joy. The greatest praise comes from the one who lives the gift I give them to its fullest potential.

Thank you God for the gift of this life...for all the days and moments You have given to me. Thank you for the gift of free will...and for the forgiveness when I abuse this gift. Thank you for everyone you have placed in my life...for all those I love so dearly and all those whom I should love without question. Thank you for loving me to the point of death. May all know the power and strength of Your love in the humble praise I give to You in all matters. Help me Lord to be grateful for all that I have been given and for all those whom You place in my life. Grant that I may be the echo of You in every response, especially when I find it hard to love. May I forever praise Your love in all that I do and all that I am! Amen