

The Exhortation of Prayer

Prayer is a living force, propelled by the Spirit, driving us not only to relationship with God, but also to become the active answer to our own prayer, by the workings of the Spirit through ourselves.

When we pray, does our prayer exist only in a mental capacity, or is it driven by the moment in our souls, longing to speak beyond all words that we know? Prayer no matter how great or simple it may appear, if it is prayer from the heart, then it is truly alive. Prayer is the awakening of our souls, that are acknowledging the presence of God in our lives, whether we are aware of it or not.

“And this is the verdict, that the light came into the world, but the people preferred darkness to light...” John 3:19

Prayer by its very nature brings peace to our souls, a peace that enables us to see with clarity in the eyes of the ever present Spirit.

In times of great sorrow and despair, we tend to cry out to God, blaming Him for all that is wrong with our lives. Sadly this is one of the only times we allow our souls to honestly acknowledge and respond to God. It is in times like these that we realize we are unable to handle the situation at hand, and so we reach out instinctively to someone who can help. What we fail to do, is to be open to God and His ways of not just dealing with, but moving forward in every situation.

What if we allowed our souls to speak freely to God, at all times? And, what if we allowed our prayers to become our response to all our needs, wants, desires, failures, joys and sorrows? What if we were able to experience the full or even a fraction of the power of a single prayer?

“It is the way of penetrating the Father’s heart and discovering new dimensions which can shed light on concrete situations and change them. Pope Francis *Evangelii Gaudium* N#

Prayer moves beyond the space and scope of our ability to comprehend its fullness and infinite extent. Prayer moves our souls to play an active and guiding role in our lives. Prayer exhorts us to grow closer and delve deeper into the vast richness that is God’s love. Prayer is the source and summit of all that is possible, beyond our minds’ limited ability to dream of what can be. Prayer is our bridge through which God is able by His Spirit to guide us in all matters of life. Prayer is our love for God and His love for us. No wonder we are called to pray always without ceasing...

Jesus, may every prayer be an action of my faith. May my prayer become the very breath of my existence. Grant that I may allow my soul to speak to You and allow You to speak to the depths of me, beyond that which I see. AMEN